



My Voice

A free communication tool for after a stroke

A stroke can take the words and leave everything else — the thoughts, the person, the wish to be heard. My Voice is a simple, free tool that speaks for someone who can't easily find the words: large buttons for everyday needs, feelings and emergencies, read aloud.

WHAT IT DOES

- Big, clear buttons for everyday phrases — “**I need the toilet,**” “**I’m in pain,**” “**I love you**” — spoken aloud and shown in large text.
- **Yes, No, Not sure and Wait** on every screen, a **0–10 pain scale** with a picture to show where it hurts, emotion cards, an emergency screen and a “**build a sentence**” helper.
- A **carer area**: add the names of family and friends and the person's own phrases, choose whether it speaks as a woman or a man, and tick the needs that fit — a weak hand, difficulty with words, low vision — for suggested settings such as bigger buttons and high contrast.

PRACTICAL

- **Free.** No sign-up, no account, and nothing you have to install — it opens in a web browser.
- Works on a **phone, tablet or computer**, and keeps working without the internet once it's open, using the device's own voices.
- **Optional install**: add it to the home screen and it opens like an app, full-screen.
- **Six languages** — English, French, German, Spanish, Italian and Polish.
- **Privacy**: it doesn't ask you to sign up and doesn't send us any data; phrases and settings stay in the browser. Choosing a browser's “online” voice sends the tapped words to that voice's provider, as any read-aloud does.

WHAT IT ISN'T

It's a communication aid, not speech & language therapy, and not a medical device. It doesn't treat, rehabilitate or diagnose anything, and it doesn't replace the work done with a therapist — at most it helps someone be understood in the ordinary moments in between.

WHO IT'S FOR Stroke survivors — especially with aphasia — and the families and carers beside them. No sign-up, no cost, nothing to install.

Not being able to say ‘I’m in pain,’ or ‘stay with me,’ or ‘I love you’ is its own kind of loneliness — and it falls on the family too.

OPEN IT, FREE

valoraparentis.com/my-voice

An early prototype, shared openly. If you try it with someone you support, we'd be grateful to hear what would make it better.

